



22/05/2024

**Start:** 9am Saturday 25<sup>th</sup> May 2024 in the Methodist Church, behind Waitrose on Park Lane in Poynton (SK12 1RD - <https://what3words.com/rinsed.eagle.trinkets>) for teas/coffees and toilets from 8:15am.

**Parking:** Our usual car park is due to be converted to Pay and Display so bring coins (possibly £3.50, who knows?). You must use a long-term parking space (beyond the line of trees). You park at your own risk, but we haven't had an incident here over many years of overnight Audax rides.

**Finish:** Next door in Poynton Methodist Church Hall from 2am. There will be airbeds and blankets so you can rest before setting off home. I will throw you out at midday on Sunday!

This is a BRM so I will need to collect all Brevet Cards after the ride. If you finish earlier than 2am, leave your completed and signed Brevet Card in the Peak Audax mailbox outside the church hall.

**GPX and Routesheet:** Download from [www.delphcyclist.info/Llanfair.html](http://www.delphcyclist.info/Llanfair.html). The GPX route directs you over two optional climbs at Halkyn Mountain and Sychnant Pass. See the Routesheet for alternative routes. **Even if you don't ride with the Routesheet, please check it for useful tips about cycle facilities that your GPX file might not show.**

**Riding through the night:** You must leave Valley capable of reaching Chester Services 140km away. McDonalds at Abergele is probably drive-thru only after 11pm and will not serve cyclists. There are 24-hour petrol stations with hot drinks and toilets at Menai Bridge, Bangor, Llanddulas, Black Cat and Flint. There are plenty of shelters on the promenades where you might be able to have a nap! You should be able to find comfy chairs and toilets at the 24-hour M56 motorway services at Elton.

**Controls:** you should either register eBrevet (24-66) or collect a till receipt (or do both!) within ½ km of the following places:

**Connah's Quay:** petrol station/Greggs/Spar

**Penryhn Bay:** any café (Forte's is quick and handy) or Co-op

**Holyhead:** a controller will stamp your card at Coffee Cups Café

**Llandudno Junction:** register the eBrevet or obtain a till receipt anywhere between **Conwy** and **Abergele**

**Elton:** Chester M56 24-hour services

**Poynton:** Methodist Hall - don't forget the eBrevet at both the start and finish! If you finish before 2am Sunday, complete your Brevet Card and pop it into the Peak Audax mail box

1	R from car park along Park Lane
0.4	♂ by church to follow A5149 and A5102 to <b>Woodford &amp; Wilmslow</b>
8.0	♀ Town Centre at mini-O, Macc Rd
9.2	♂ A538 Altrincham in <b>Wilmslow</b> ♂ B5086 Knutsford
10.2	♂ 2 <sup>nd</sup> exit B5086 Knutsford
11.9	♀ 2 <sup>nd</sup> exit B5085 Knutsford
13.5	♂ Warford Warford Lane ♂ Noah's Ark Lane
15.3	♂ & ♀ Pedley House Lane
18.6	♂ Lower Peover Seven Sisters Ln
20.6	♂ B5081 L Peover to Swan Green
24.1	♂ Northwich Hulme La (by Crown)
27.6	♂ Northwich in <b>Lach Dennis</b>
28.3	♂ Crowders Lane
29.9	♂ Davenham over A530
33.1	♂ London Rd & ♂ Green La ♂ Hartford Rd
34.1	♂ service road alongside A556, rejoin road after Weaver Bridge for...
35.0	♂ Hartford
36.1	♂ A559 Chester
37.8	♂ Weaverham & ♀ Littledales Lane

38.9	♂ Cuddington Hodge Lane
40.5	♂ A49 Whitchurch &... ♂ Cuddington Lane
44.7	♂ High Street in <b>Norley</b> and ... ♂ Post Office Lane
46.5	♂ Mouldsworth Ashton Road
50.1	♂ Manley Dark Ark Lane
51.4	♂ B5393 Tarvin and ♂ Dunham Moss Lane
52.3	♂ Dunham and pass Manley Mere
55.0	♂ & ♀ Morley Lane
56.6	♂ Bridge Trafford
57.2	♂ A56 Chester to <b>Mickle Trafford</b>
60.1	♂ Tarvin Station Lane
60.8	♂ onto Greenway cyclepath towards <b>Connahs Quay</b>
76.3	over river Dee at <b>Hawarden Bridge</b> ♂ Flint follow signs to <b>Shotton</b>
78.3	♂ B5129 Chester Rd
79.4	<b>Connahs Quay</b> control at petrol station/Greggs/Spar on left
choice of route	2a via Halkyn Moutain 2b via coast road and path

**2a** either... via Halkyn Mountain

- 80.5 A548 into **Flint**
- 84.4 continue A548 through **Flint**
- 86.1 at **Bagillt** sign
- 86.7 Tyddyn Messham  
(opposite 2<sup>nd</sup> bus shelter)
- 87.0 Bryntirion Road and climb
- 89.8 **Halkyn** at A55 bridge and climb
- 90.4 **Babell** at LH bend  
 **Babell** to B5121 where ...
- 90.4 **Babell** Fford Babell
- 93.2 *Gorsedd*
- 95.5 *Caerwys*
- 95.9 **Pen y Cefn** over B5122
- 99.1 at Brick Kiln Farm
- 101.1 just before the A55!!!
- 102.0 & descend through **Rhualt**
- 103.1 and over A55 on cycle bridge
- 106.7 and over River Clwyd to **St Asaph**
- 108.4 *Rhyl* A525 High St in **St Asaph**
- 109.1 *Betwys yn Rhos* B5381
- 109.6 **Conwy** Ffordd William Morgan
- 111.8 **Conwy** and ...  
 5 **Bodelwyddan** (next left)
- 112.6 shared pavement alongside A55
- 112.9 **Bodelwyddan** & join slip road
- 114.7 **Bodelwyddan**  
 **Village Centre** Abergele Road

- 114.9 *Towyn* and ...  
 **Abergele**
- 117.5 **Abergele** A547
- 119.1 A547 **Abergele** & immediately  
 **Leisure Centre** Faenol Ave
- 120.5 & A548
- 121.5 pass **Pensarn** then
- 122.2 onto coastal **cyclepath 5** to  
**Llandulas**, and **Colwyn Bay** to  
**Rhos on Sea** tourist information
- 122.8 **Penrhyn Bay** control   
receipt from any café eg Forte's,  
or Co-op

go to section 3

2b	or ...	flat coastal route
80.1		A548 into <b>Flint</b>
84.1		continue A548 in <b>Flint</b>
85.8		through <b>Bagillt</b>
		to rejoin A548
88.6		<i>Holywell</i>
		to rejoin A548
98.0		&  through <b>Ffynongroyw</b>
		to rejoin A548
103.5		<b>Lower Gronant</b>
104.2		at <b>Presthaven Sands</b> & follow <b>[cycleway]</b> signs to <b>Prestatyn, Rhyl</b>
106.3		Barkby Avenue
106.8		Beach Road East
107.6		<b>Nova Centre</b>
107.8		<b>Beach</b> after Nova Centre and left onto <b>[cyclepath]</b> through <b>Rhyl</b>
114.9		over Dragon bridge follow <b>[cyclepath 5]</b> to <b>Pensarn, Llandulas &amp; Colwyn Bay to Rhos on Sea</b> tourist information
133.1		<b>Penrhyn Bay</b> control  or receipt from any café eg Forte's, or Co-op
go to section 3		


3	back together again	
134.1		Penrhyn Ave (pass Forte and Co-op)
135.4		Marine Drive and pass golf club
136.0		<b>Conwy</b> 5 Pendorlan Road
136.2		Marine Road
136.6		<i>Llanrhos</i> Llanrhos Road
139.6		over A470 <i>Deganwy</i>
139.9		<i>Llandudno Junction</i>
141.6		(unsigned A546)
142.4		A547 through <b>Conwy</b> to pass
choice of route		3a via Sychnant Pass 3b via coast road and path



3a	either ...	via Sychnant Pass
follow one-way A547 through <b>Conwy</b>		
143.9		Uppergate St, climb <b>Sychnant Pass</b>
150.7		through <b>Penmaenmawr</b> towards <b>Pen-y-clip tunnels</b>
go to section 3c		

3b	or ...	flat easy route
follow one-way A547 through <b>Conwy</b>		
145.9		over A55 then
146.1		5 cyclepath through <b>Penmaenmawr</b> keeping A55 on the L. At the end of promenade take the zigzag climb under the A55
153.1		towards <b>Pen-y-clip tunnels</b>
go to section 3c		



3c

back together again

152.1  onto cycle bridge at **Pen-y-clip** & follow **cyclepath 5** to **Llanfairfechan**

154.4   5 through **Llanfairfechan**

157.0   5 Ffordd Gwylt

157.5   5 before bend & alongside A55 (*not the access road to Madryn Farm*) through **Abergwyngregyn** and climb & descend on narrow lane

162.8   &   5 **Tal y Bont**



165.4   5 2<sup>nd</sup> exit **Bangor** then 

168.0  **Pier** (after Texaco garage)


169.6  onto A5 *remember this junction!*

171.6  1<sup>st</sup> exit **Caernarvon** A487

173.1  &  over **Pont Britannia** (A55)

175.7  **Llanfair PG** A5  
 **Llanfair PG** A5 (not A55) for 25km through **Gwalchmai** to **Valley**

202.8  **Holyhead** A5 in **Valley**  
Continue over causeway

204.9  (if you see Ynys Cybi/Holy Island sign you've missed it!)

205.0 Control at Coffee Cups café  **Holyhead**



4



return to **Valley** where

207.3   A5025 **Amlywch**

210.0  B5109 to **Llangefni** where ...



226.5    
 **through traffic** then  
  **Menai Bridge**




227.1  follow B5109 then B5420 through **Menai Bridge**  towards **Bangor**

241.0  Siliwen Rd IE ignore  *remember?*



242.6   5 A5 




245.1   5 **Tal y bont**


247.6   5 just before A55 and follow cycle path on left of A55 (*keep right where it splits*)


251.3   5 &   5 to cross under A55 at **Abergwyngregyn** continue cycle path to **Llanfairfechan**

253.3   5 thru **Llanfairfechan**


255.8   5 just before A55 & follow **cyclepath 5** thru **Penmaenmawr**





258.1    15% decent on cyclepath **5**

265.3  A547 through **Conwy**

**Llandudno Junction** control: anywhere between **Conwy** and **Abergele** 












268.7  A547 **Llandudno Junction**






























270.4  A547 **Betws y Coed**

270.7  A547 **Mochdre** @ Black Cat   
Stay on A547 through **Colwyn Bay**, **Llanddulas** (277)   
**Abergele** (282) 

287.4  A547 **Rhuddlan** at A55

last chance to register **Llandudno Junction** control on the eBrevet 

<b>5</b>	continue A547 to <b>Rhuddlan</b>
295.4	 through <b>Rhuddlan</b>
302.7	 A548 towards <b>Queensferry</b>
328.8	 over <b>Dee Bridge</b> and pass sign for <i>Deeside Industrial Park zone 2</i>
334.4	 fork left onto narrow cycle lane before A550 roundabout Over Green Lane and through barriers
335.8	 Over A550 to <i>Saughall</i>
336.4	 <i>Saughall</i> but don't go over bridge!  <i>Four Ways Farm</i>
338.3	 at <i>Oakwood Farm</i> sign
338.5	 over A540 onto A5117 NB nice cyclepath on left after M53
349.4	 <i>services</i> at M56
349.6	Chester M56 Services  <b>Elton</b>

<b>6</b>	exit services &  <i>Helsby</i> A5117
351.8	  A56 thru <b>Helsby &amp; Frodsham</b>
362.0	  in <b>Sutton Fields</b> <i>use Runcorn Cycleway on right hand pavement then rejoin road for ...</i>
362.6	 <b>Whitehouse Roundabout</b> A56
364.3	 <i>Preston on Hill</i> Windmill La
364.6	 Summer Lane
368.1	 <i>Stretton</i> and over M56  <i>Stretton</i> to A49
370.0	  <i>Appleton Thorn</i> B5356
373.4	 <i>Trading Estate</i>
378.2	 A50
383.0	  A50 at <b>Mere Crossroads</b>
383.9	 Clamhunger Lane
384.4	 <i>Ashley</i> Ashley Lane
389.6	 <i>Wilmslow</i> in <b>Ashley</b>
393.3	 A538 - <i>use cyclepath on right</i> <i>Through 2 tunnels</i> <i>Stay on cyclepath on climb to rejoin main road at roundabout</i>
399.0	  in <b>Wilmslow</b>
399.4	  <i>Station</i> Station Road
400.5	 follow all <b>A5102</b> towards <b>Poynton</b>
405.3	 follow all <b>A5149</b> to <b>Poynton</b>
408.1	 at church to Park Lane & ...
408.4	 at Costa/Waitrose
408.5	to Methodist Church Hall  <b>Poynton</b>

Organised by Mike Wigley to Audax UK regulations  
Please ring/text 07931 911324 if unable to finish